



SETU

THE CONNECT



The Moment of Calm

A Global Forgiveness Moment

What does the world need today the most? What will stop this world from destroying itself? What is it that will reduce the hatred, the bombings, and the killings happening all around the world? What can we do as individuals to help make our world a better place for our future generations? These are questions which many of us must have encountered. Dada JP Vaswani, India's most revered, living saint, answers in one word, FORGIVENESS.

The moment of Calm is a simple concept that addresses an urgent need in our world - that of love and peace. Anyone can become a part of this initiative by simply observing 2 minutes of silence on 2 August at 2pm to forgive. This act, when collectively done, can raise world consciousness and engulf humanity in a wave of love and peace. This year 18214128 pledges were received from all over the world.

Nevertheless, many of us might feel that it is easier said than done! Many wonder how they can forgive people who had harmed them or their family so terribly, that still, they are suffering. Such apprehensions are valid but if we can understand a simple thing that we forgive so that our hearts and mind are peace, the process will become easier. When we do not hold grudges against people and situations we can perform at our best levels as our mind is free of clutter of negative emotions.

DADA SAYS...Where there is forgiveness, there is peace,

Where there is peace, there is ease

Where there is ease, there is no disease

LOL.... Small Boy: Dad can you write in Dark?

Father: Yes I can but what would you want me to write?

Boy: Your Name on my report card.



SVIMS has groomed me into a well rounded personality as the focus is on developing soft skills as much as it is on building knowledge. It has given me a platform to showcase my strengths and work on my weaknesses. I have grown as confident and hardworking person under the able guidance of my Director, Dean and my teachers. SVIMS was a "home away from home" for me. I feel lucky to have got an overseas placement from the institute in Gem Plaza, Dubai.